



THURSDAY, February 19, 2026
SWIMMING WARM-UP
CLASS 1 GROUPS

<p style="text-align: center;"><u>GROUP 1</u> 10:15 – 10:35 am – Laps 11:35 – 11:45 am – Take-offs</p>	<p style="text-align: center;"><u>GROUP 2</u> 10:35 – 10:55 am – Laps 11:25 – 11:35 am – Take-offs</p>	<p style="text-align: center;"><u>GROUP 3</u> 10:55 – 11:15 am – Laps 11:15 – 11:25 am – Take-offs</p>
<p>Barstow Bolivar Ft. Zumwalt East Grandview John Burroughs Ladue Horton Watkins Lutheran St. Charles Mehlville Nerinx Hall Nevada Parkway West Rockwood Summit Savannah St. Michael the Archangel St. Pius X Kansas City STEAM Academy Ursuline Academy Visitation Academy Washington Webb City</p>	<p>Capital City Carl Junction Grain Valley Greenwood Hannibal Holt Incarnate Word Academy Kearney Lutheran South Monett Notre Dame de Sion Parkway Central Platte County Poplar Bluff Principia Smithville St. Charles West St. Dominic Summit Christian Academy Timberland</p>	<p>Central Cape Girardeau Central Springfield Clayton Father Tolton Ft. Zumwalt South Glendale Jefferson City Lebanon Lincoln College Prep Logan-Rogersville Louisiana Notre Dame Cape Girardeau Parkway North Smith-Cotton St. Teresa's Academy Villa Duchesne Webster Groves West Plains</p>